

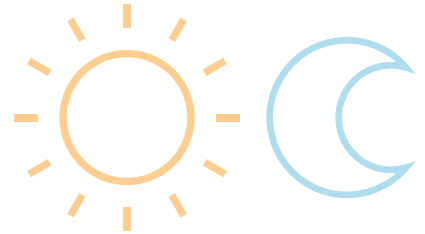
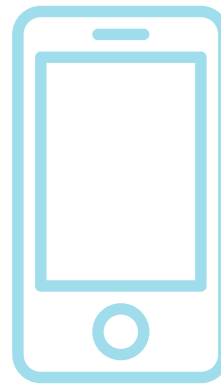


An Independent Licensee of the Blue Cross Blue Shield Association

# HELLO

## TALK TO A NURSE ANYTIME, DAY OR NIGHT

365 days a year, at no cost to you.



Health problems rarely happen when it's convenient. That's why at Blue Cross® Blue Shield® of Arizona we make getting answers to your health questions as easy as possible with Nurse On Call. For no additional cost, you can talk to a registered nurse anytime—days, nights, weekends, and holidays—from wherever you are.

Caring nurses can talk to you about your symptoms and help you decide if you should take care of your issues at home or seek care from your primary care provider, urgent-care center, or emergency room (ER).

### NURSE ON CALL can help answer questions about:



SYMPTOMS YOU  
ARE HAVING



MEDICAL TESTS  
AND MEDICATIONS



MINOR INJURIES  
OR ILLNESSES



PREPARING FOR  
DOCTOR VISITS



CHRONIC  
CONDITIONS



PREVENTIVE CARE

## NURSE ON CALL

**1-866-422-2729**  
**TTY: 711**

Add the number to your  
phone so it's handy  
when you need it.

Available in English and Spanish

Services and treatment options presented may not be covered under your BCBSAZ benefit plan. BCBSAZ contracts with a third party to administer Nurse On Call services. The Nurse On Call service should not be used in health emergencies. If you have a health emergency or need immediate help for an accident or injury, seek emergency care or call 911. Blue Cross, Blue Shield, and the Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. ©2020 Blue Cross Blue Shield of Arizona, Inc. All rights reserved.