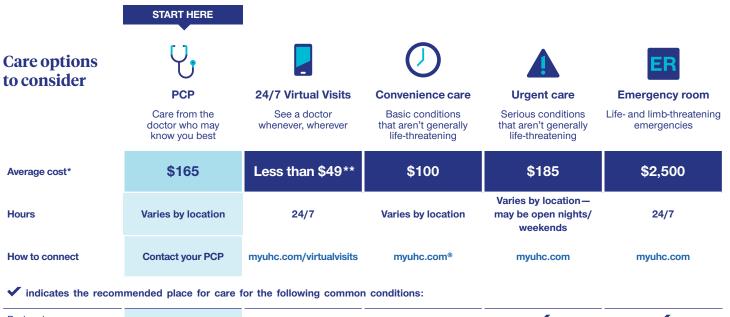


Compare care options to help keep costs down

Getting care at the place that may best fit your condition or situation may save you up to \$2,300 compared to an emergency room (ER) visit.* If you have a life-threatening condition, call 911 or go to the ER. For everything else, it may be best to contact your primary care provider (PCP) first. If seeing your PCP isn't possible, it's important to know your other care options, especially before heading to the ER.



Broken bone				✓	
Chest pain					
Cough	~	~	×		
Fever	~	~	✓		
Muscle strain	~		✓		
Pinkeye	~	✓	×		
Shortness of breath				-	~
Sinus problems	~	~	~		
Sore throat	~	~	×	-	
Sprain	~		~	~	
Urinary tract infection	✓	✓	~	-	



Need to find a network provider or PCP? Visiting an out-of-network provider could end up costing you more for care. To find a PCP, urgent care centers and emergency rooms in your network, go to **myuhc.com**. **Not sure where to go for care?** Call the number on your health plan ID card.

United Healthcare

Learn more

Visit uhc.com/quickcare

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*2020: Average allowed amounts charged by UnitedHealthcare Network Providers and not tied to a specific condition or treatment. Actual payments may vary depending upon benefit coverage. (Estimated \$2,300 difference between the average emergency room visit, \$2,500 and the average urgent care visit \$185.) The information and estimates provided are for general informational and illustrative purposes only and is not intended to be nor should be construed as medical advice or a substitute for your doctor's care. You should consult with an appropriate health care professional to determine what may be right for you. In an emergency, call 911 or go to the nearest emergency room.

** The Designated Virtual Visit Provider's reduced rate for a 24/7 Virtual Visit is subject to change at any time.

24/7 Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available. Check your official health plan documents to see what services and providers are covered by your health plan.

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