

Customers in Cigna's LocalPlus® Network know they can count on getting quality, affordable care right where they live. But what if you're temporarily away from home, taking a business trip or traveling on vacation? What if you have kids away at college who are on your health plan?

## The care and coverage you deserve.

If you and your dependents are temporarily in an area that's outside of a LocalPlus Network, we have you covered with our nationwide **LocalPlus Away From Home Care\*** feature on myCigna®.



If you choose to go outside the LocalPlus Network (and you don't use our Away From Home Care feature), your care would be considered "out-of-network" and your share of the costs may be higher.

# Find in-network care in just a few easy steps.

### Here's how:

- 1. Log in to myCigna.
- 2. Select "Find Care & Costs."
- 3. Enter the applicable city/state or zip code.
- **4.** Search doctor by type (e.g., primary care) or search nearby health facilities.
- **5.** Confirm (when on-screen message pops up) that you need care while you're away from home.
- 6. See search results for in-network providers or hospitals.

#### On myCigna, you can also:

"Go Virtual" for 24/7 care from anywhere\*\*



"See a Local Provider" face-to-face at their office



# What about an emergency?

You have access to nationwide in-network coverage in case of an emergency.

If you have questions about your specific coverage or in-network providers, just call the number listed on the back of your ID card for 24/7 customer support.



#### Offered by Cigna Health and Life Insurance Company or its affiliates.

- \* No distance requirement. Must be outside of assigned home zip code or a LocalPlus network.
- \*\* Cigna provides access to virtual care through national telehealth providers as part of your plan. This service is separate from your health plan's network and may not be available in all areas or under all plans. Referrals are not required. Video may not be available in all areas or with all providers. Refer to plan documents for complete description of virtual care services and costs. All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Evernorth Behavioral Health, Inc., and HMO or service company subsidiaries of Cigna Health Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.